

The Campus Herald

Johnson & Wales University

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Providence, Rhode Island

Summer Issue

Rolo-Overhaul

University Acquisition is New Home to Student Services

Caitlin Benoit
Editor-in-Chief

Coming this fall to the Johnson & Wales University Downtown campus is The Rolo Building. This is one of the construction projects that the university has underway currently and is due to open with the academic year in September 2008. The Rolo building is located at 274 Pine Street, behind Xavier Academic Complex right next to J Lot (parking). During this make-over the university will move its Student Services department into the building with the opening of the school year. This is where Student Academic Services (formerly in the John Hazen White Center), Student Financial Services, and the International Student Center (both formerly in the Kinsley Building) will be found. During the summer months these departments will remain in their current locations.

The idea behind the acquisition of the building is to create a one-stop student services home similar to the services available in The Friedman Center on the Harborside campus. From the student's point of view, you will be able to figure out your financial aid and add a class without leaving the building. The move may be more beneficial to the staff of Student Services, though. Putting Student Academic Services and Student Financial Services in the same building will help them work efficiently.

With this move, it will no longer be a hassled run through the city blocks to straighten out issues or get the help you need. This transition is a move in the

from 1921-1959 and became Rolo Jewelry in 1961. The university hired Boston-based ARC/Architectural Resources Cambridge to design the new Student Services center.



offices allows these areas to build work groups by function versus department, which strengthens the customer service provided by these areas and ultimately adds to the overall student experience."

To all of us on campus this summer, you still have to run from building to building in order to meet with Student Services but come September don't forget to find the new building.

Finding your way around campus should be slightly easier come fall, when the university is releasing new campus maps. Remember the old one you got from admissions? You can recycle that.

What does the new building look like? Well you'll have to find out for yourself in September, but Rob Quigley of ARC said "Our design solution respects the historical and architectural elements of the 1921 brick building. The building's large industrial windows and clerestory monitors will be updated to improve natural 'day-lighting' and energy efficiency while keeping with the building's historic character."

Johnson & Wales has many plans for improvement that are unfolding constantly. Many of their Focus2011 goals are in effect, and many more are coming. What does this mean for students? It means your school is trying to give you the best that it can. Of course there's always issues to be addressed and improvement to be made. One step at a time, it will happen.

right direction as the university strives for their Focus2011 goals.

The Rolo Building has belonged to Johnson & Wales since 1997, but if you aren't from Rhode Island you may not be familiar with it. The building was home to D.M. Watkins Jewelry Co.

"A one-stop shopping model not only provides benefits for our students but for our staff as well," Marie Bernardo '92, Vice President of Student Services "the work in the areas of student academic, financial and international services is interdependent. The co-location of these

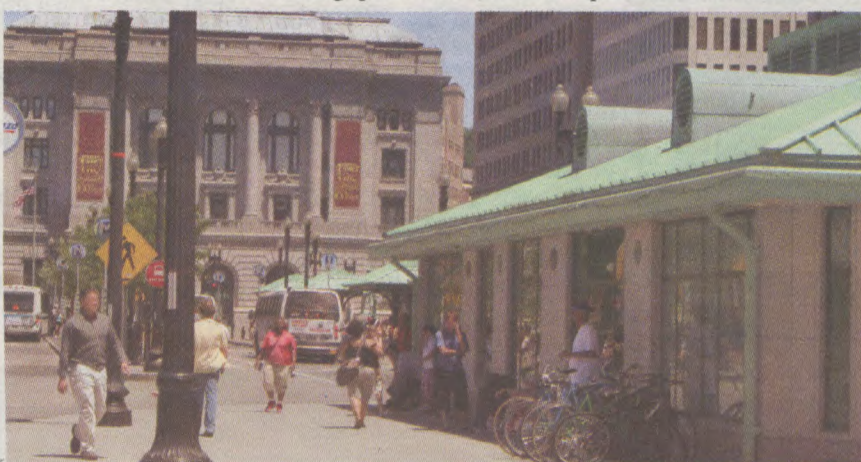
Get Around, Round, Round, I Get Around

Jack Burtch
Arts & Entertainment Editor

Oh Providence, such a compact city, yet such a vast array of transportation. For Students returning or coming to Johnson & Wales for the first time, many find themselves unfamiliar or overwhelmed by the countless one-way streets, highways and other transportation woes found throughout Providence. Those students, without cars especially, will have to count on at least one form of transportation to get them to and from class, their job and various other every day events. Furthermore, with skyrocketing gas prices who knows how useful transportation options will become. Here in Providence, there are three main staples to a Johnson & Wales student's transportation selection. This includes RIPTA (Rhode Island Public Transit Authority), Johnson & Wales provided buses and the Johnson & Wales Safe Ride program.

So now that you've arrived in Rhode Island (or maybe you just took a hop, skip and a jump from home), you might be wondering how you're going to get around. RIPTA is the main public transportation system in the state of Rhode Island and operates 3,300 daily trips on 58 statewide fixed bus routes throughout the Ocean State seven days a week. Whether you're heading up on the trolley to Thayer Street to grab a slice of pizza, catching a bus out to the coast or just grabbing a ride to work, RIPTA offers routes that run practically all day. And the best part of riding RIPTA is that it is totally

FREE for JWU students. Most begin around 5 AM and end as late as 11:30 PM. All of these can be accessed right down the street from Gaebe Commons at Kennedy Plaza Downtown; this serves as the central hub and starting point



Caitlin Benoit/The Campus Herald

for most transit routes. Recently, the transit authority implemented the new Google Transit trip planner on their web site, which utilizes Google Maps to assist in planning a trip on the bus system and makes it much simpler to understand. RIPTA also offers a seasonal ferry (May 16—October 16) service between Providence and beautiful Newport, Rhode Island. You can find out more at www.ripta.com or call their information line at (401) 781-9400.

More of an essential commodity in the every day life of a JWU student, the Johnson & Wales transportation system

provides the vital links between residence halls, academic buildings and other places of interest on the Downtown and Harborside campuses. Encompassing an assortment of buses, a majority of them fairly new; the JWU transportation network shuttles

downtown and by the Recreation Center at the Harborside campus. From there students can make it to any residence hall whether it is Edmund, Renaissance, etc. Schedules for the buses can be found around the university, in residence halls and on the university web site at www.jwu.edu/prov/stu_bus.htm. Make sure to bookmark it on your internet browser, you never know when it may come in handy!

If students ever find themselves in a pickle and are stranded due to unforeseen circumstances, a student may call Campus Safety & Security at (401) 598-1103 for a ride home through JWU Ride. This transportation program allows JWU students a safe ride back to their residence if they have absolutely no other way to do so, between the hours of 11:30 PM to 3:30 AM with last calls taken at 3:00 AM. So if you're ever in a bind and in dire circumstances, be sure to take advantage of this service.

And remember, all of this is FREE as long as you have your JWU ID card on hand!



Caitlin Benoit/The Campus Herald

Welcome to the Johnson & Wales 2008-2009 School Year

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CAMPUS NEWS

Visit the Learning Center

Lindsey Austin
Contributing Writer

Johnson & Wales knows that every student has a different learning capability, that's why it established a Learning Center staffed by tutors and mentors.

There are three locations where students can go to the Learning Center to receive the benefits of their services; the student can go to whichever is most convenient for them. The Kinsley Building houses the Learning Center for Downcity during the daytime, while McNulty Hall offers services in the evening. Harborside offers special services for students at the Learning Center, located in the Friedman Center.

"JWU's Learning Center offers great tutorial assistance and facilitators have a broad knowledge base and are able to assist students very well with any task or assignment," Jeff Gould '08, explained. "They're really great!"

Peer and professional tutoring are available in math, English and all major-specific courses at the convenience of the student. Appointments can be set up throughout the week and even in the evening, depending on the location. Tutors provide individual and group sessions as students' needs and resources dictate.

The Learning Center on the Downcity Campus offers students academic assistance in Business, Hospitality, Technology and Arts & Sciences courses. For undergraduate and graduate students, writing assistance and workshops are offered, as well as those of studying strategies.

The Learning Center accommodates those with learning disabilities or special needs.

They provide tutoring for every kind of written project, assistance in studying as well as help with researching and

designing papers. The Learning Center offers a wide availability for hours and support for students for the wide variety of students that attend Johnson & Wales.

The Harborside Campus offers individualized and small group tutoring in culinary and pastry labs in conjunction with academic classes and study skills.

The problem is that not all students in the University are aware of the academic support and workshops that the Learning Center has to offer.

"I never knew about it the first trimester I was here, until my English Professor suggested I go, then I went and my grades came right up after only a few visits," said Kiara Eroupa '10. "It's a great tool to help assist in furthering your education; I highly recommend it."

Student assistance with physical and academic disabilities must be backed by student provided appropriate documentation. Accommodations may include, but are not limited to, oral and/or extended time for tests, enlarged print, use of a tape recorder in class, note taking assistance, reduced course load, preferential scheduling, classroom relocation, and medically excused absences.

The Learning Center will be moving to The Rolo Building in January 2009, look for them there.

Kinsley Building
Monday-Thursday:
9 a.m. to 4 p.m.
McNulty Residence Hall.
Sunday-Wednesday:
5 p.m. to 9 p.m.
The Friedman Center
Sunday:
2 p.m. to 9 p.m.
Monday-Wednesday:
9 a.m. to 10:00 p.m.
Thursday:
9 a.m. to 4:30 p.m.
Downcity: (401) 598-1485
Harborside: (401) 598-1703

CBCSI for Dummies

Sara Christovich
Staff Writer

Where on campus do you go to get free condoms or discounted movie tickets? What about if you want to join the Surf Club, or learn more about Campus Ministry or a Greek organization? Do you know what CBCSI stands for? Well here's a hint: the Citizen's Bank Center for Student Involvement (CBCSI) is the answer.

If you plan on getting involved in any clubs or organizations at JWU, you'll need to learn your way around this building. CBCSI is the hub of all Student Activities. Let me walk you through a little tour.

So let's say you walk out of Gaebe Commons, not the middle exit crowded with students on their way to Harborside, but the smaller one over by Snowden. Take a left, past Weybossett Café, past the National Guard Recruitment Center (hey, it's a good fallback if JWU doesn't work out) past PPAC, okay slow down; you're almost there. Next is Café La France, then on the corner, the building with all the painted writing on it, is CBCSI.

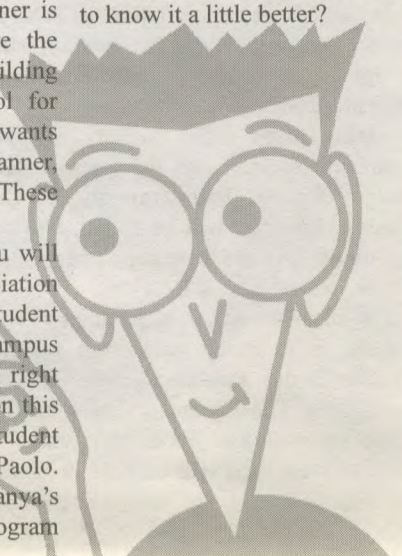
First Floor: The lounge on the right is just that; a lounge. Students meet here to watch TV, eat lunch, study, or kill time in between classes. The office on

the right belongs to Patty Cross. She's the one to go to if you ever want to reserve space on campus for your clubs' meeting or events. The front desk employee can direct you to anyone or anywhere in the building and give you information of who to contact if you are interested in joining a club. The office directly behind the front desk is the Box Office. Here, discounted movie tickets are sold along with tickets to other events going on; such as SnoBall in January, or trips to Boston or New York. Directly across the hall is the Greek Office, which is followed by the Student Government Association's office. In the back left corner is the Resource Room where the computer geniuses of the building work. This is a great tool for students to use if their club wants to make a flier, a poster, a banner, a web site, or anything. These guys can do it!

On the second floor, you will find the Parent's Association office, and the New Student Orientation Offices. Campus ministry offices are on the right side of this hallway. Also on this floor is the Director of Student Activities, Tanya McGinn-Paolo. Next to her office, is Tanya's staff of advisors and program coordinators.

Up one more flight of stairs. (I know, what is this? The gym? Don't worry; there's an elevator) The third floor is where the health education program as well as the downcity Women's Center is located. (This is where you go to get the free condoms.) Also up in the "penthouse" of CBCSI are the Yearbook office and the Campus Herald Office. There is a large conference room up here that can be used by students.

Well, tour is over. If you are involved in Student Activities, there may be times during the year that you feel like you are at CBCSI more than your residence hall or apartment, so why not get to know it a little better?



Water + Fire = Waterfire

Caitlin Benoit
Editor-in-Chief

It's the thing to do on Saturday nights. At least for some people it is. What's fun about going down to the river and seeing them make campfires in the middle of the water? Well, they named the idea correctly. Waterfire is literally water, plus fire. It is a hyped up event which everyone in Providence and the surrounding area knows and talks about.

On Waterfire nights the city fills with people, the mall parking garage is even harder than usual to maneuver and down by the river people are packed shoulder to shoulder. What's the big attraction? The water's on fire.

In order to "get it" you must have the right experience. It can

be very dull if you are not in the right mood, if you're not there as a romantic couple or if you're just not feeling appreciative of art that day. But when all the right elements come together and you go down to the river, then you'll understand. You'll know why so many people come from out of town and even out of state to watch the Waterfire. People come because it's beautiful. It's ceremonial and peaceful.

It isn't a big loud carnival atmosphere; in fact it's strangely quiet.

Those who don't listen to the program's music are missing a huge element of the night. The music is chosen by the creator of Waterfire, Barnaby Evans. The artist selects music which sets the tone for the evening, the best way

to describe it is inherently normal. There are silent performers who will remain still until a donation is given and will act for a short period then go back to being still. The ceremonial aspect is also vital.

Assistant Editor-in-Chief Otto Neubauer, '11 says "One of my most memorable college moments was waltzing along the shores of the Providence river, live piano music in my ears and a beautiful woman in my arms, as the bittersweet smell of smoke from the floating pyres surrounded me."

But you can't just sit still and watch this beautiful night; you have to walk along the river, you have to leave the basin and go down towards Memorial Park, there are so many things to look at and explore in the area that when combined, make Waterfire a very pleasant experience. But please, don't just go once. Go with different people, go with family one time and with friends another. Go by yourself one time, just to experience it.

"I think it's supposed to be relaxing and fun. Plus its a good free date" Jeremiah Schenzel, '09. Waterfire is an experience.

While it's literally water with fire, it's beautiful. It's just one of those things which make Providence its own character.



Photo credit: Kim DeMarco

The mission of the Campus Herald is to be the vital source of information for Johnson & Wales University students, faculty, staff and administration, on both the Downcity and Harborside campuses. To this end, we shall demonstrate the integrity and professionalism necessary in providing accurate and essential information to the University community.

The Campus Herald

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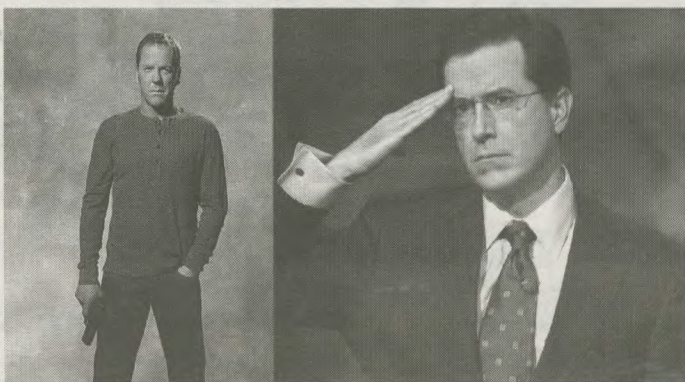
Arts & Entertainment

Bauer & Colbert:

True American Heroes

Jack Burtch
Arts & Entertainment Editor

Television's Steven Colbert of The Colbert Report (Comedy Central) and 24's Jack Bauer (FOX) are very much alike. They have different jobs, sure, but both go to work everyday intent on defending this great nation. Steven Colbert and Jack Bauer, both true fictional American heroes, may in fact have been separated at birth. Consider the following similarities.



Keifer Sutherland (Jack Bauer)

Steven Colbert

1. They're both ultra-patriots.

Jack Bauer has gone to bat for America more times than we can count. He's lost loved ones for the country, taken harsh physical punishment, travelled the world and had to fake his own death. But he keeps on ticking. Or at least the clock on the show title cards keeps ticking. Jack Bauer is All-American. Steven Colbert is All-American, too. He left a cushy job on The Daily Show, risking his livelihood to give his fellow Americans the truthfulness they need and deserve. He also helps us know our congressional districts and has an ice cream flavor named after him and America – which shows the two, at least in ice cream form, are intertwined.

2. They both can get high-powered people on the phone.

Can you picture Jack Bauer on 24 without his cell phone? And he doesn't just talk to Bill Buchanan and Chloe; saving the world would be impossible without being able to get the President on the horn to ask for special and speedy action. Colbert, for his part, can contact instructional league hockey coaches, and he called Candice Bergen just the other day, which

gives him just one degree of separation from William Shatner. **3. They both have connections to torture.**

24 is legend for the torture sometimes utilized by Jack Bauer to get answers when he needs them – and he needs them now! Truth serum, shooting a person's loved one, beatings, finger cuttings: Bauer does what needs to be done. On the Colbert side, anyone who has seen his segments on his "son" bald eagle knows that sometimes his show can, in and of itself, be a form of torture.

4. They both give the Threatdown.

Colbert has a segment of his show called "The Threatdown" where he lists all of the things we Americans should be afraid of – and thank Zeus he does, because, threats to our national life change everyday. Except bears. They are a constant threat. On 24, Jack Bauer has at least one segment involving a detailed run down of the threat currently facing the country on that day. "If we don't do X by this time, then Y is going to happen, which will lead to Z, which will result in global thermo nuclear war" Now that's a threatdown.

5. They both work best on their own.

Sure, Bauer has a ton of people backing him up, and sometimes he finds people in the field to help him. Often, though, those people end up dead. He's a solo act, when it comes right down to it – the one man who can TCB and save the world when we're up against nukes, poisonous gas, biological weapons, assassins, guns, rogue agents, and again, nukes. As for Colbert, can there be any question he's even more ultra-American now as the host of a show than he ever was when he was a correspondent for The Daily Show? Of course there's no doubt.

Jack Bauer and Steven Colbert: America salutes you.

Better Luck Next Time Has Just That in *Start From Scratch*

Jack Burtch
Arts & Entertainment Editor

Unlike the acts of the 60s and 70s that seem to truck on forever and remain in music lore for years to come, many musicians and bands in the modern era fizz out before they even hit the national arena. In the present day pop-punk world, this is no closer to the truth. Consider those who grew up on bands like Screeching Weasel, New Found Glory, Lagwagon, MxPx and Blink 182; now compare it to those who, not further down the road, grew up with bands like Fall Out Boy, Boys Like Girls, The All-American Rejects and Yellowcard. If you don't see the difference, you might want to update your iPod. One band you can start with is Better Luck Next Time and their newest album, *Start From Scratch*.

Heralding from Los Angeles, California, BLNT is comprised of Brian Bortoli (guitar & lead vocals), Matt Fuzzo (bass), Chris Lucas (drums), John Holzer (lead guitar) and Joseph John (keyboards and synth). Together these commendable Californians have brought back mid-nineties style pop punk with a piano/synth induced backdrop. Now don't get me wrong, you might think this is just another disastrous album doomed for mediocrity but instead, BLNT carries a refreshing, simplistic yet ascetically pleasing sound that resonates with past artists such as Ace Troubleshooter and Something Corporate as well as the rest listed before.

What makes this album truly authentic, though, is the integration of skillfully woven elements from each member of the band. From the exceptional guitar riffs, to the delicate piano induction, to the vocally resounding choruses, hooks and verses...BLNT distinctively lays out each track in a unique succession that never seems to fray off to various other genres, thus keeping the music pop punk all the way through the last note. The album's array of songs is created by a sense of effortless instrumental and vocal intricacy that is rarely seen in pop punk.

Kicking off the album, "The Broken Hearts Delight" slowly fades in with a subtle keyboard rhythm and is hit with a barrage of guitar riffs followed shortly by Bortoli's keen vocals. The tempo

and tone carry briskly through as he sings: "Paint a picture of a certain kind of love and throw it all away/Help me figure out what this is all about; we're both in this to stay." It's true bands of this genre, especially of late, tend to write absurdly dreadful lyrics that stick out due to their utter uselessness and crap, so when a band writes lyrics that work with the song (instruments and all) and don't exemplify this in that way, cheers. And that's what you'll discover in most of BLNT's work.

My personal favorites on this album include the all-cram-together-while-driving-sing-along-as-loud-as-you-can pogo riffed "Doin' Time", "Days Like Today" with its faster, basic tempo laden with subtle keyboard and epic pop punk hooks and the rougher paced closing piece, "Disaster Bound" which ends the album with Bortoli pronouncing behind a seemingly calm

the hearts of tweens and make a zillion dollars. Better Luck Next Time's *Start From Scratch*, on the other hand, was made by five diligent left coasters who have been together for a little over four years and put all they have into the music. Friends can't be trusted, love is a fallacious monster and music is about as volatile and trendy as fashion. But one thing has remained from those early years...pop punk.

While BLNT's sound isn't necessarily ground breaking, they implement such a clear-cut and upbeat resonance that it trumps most of their follies and carries them through, as well as the listener. If you enjoy this stuff, call it a guilty pleasure if you want, check out Better Luck Next Time's first full-length in *Third Time's a Charm* or other artists like all the ones mentioned beforehand.



background, "Now you could say that the worst is behind us, but that is not legit and I'm so over it/Walk on a straight narrow path and remember what's done is done, and livin' in the past/There was a time when we threw out the words and the music was real, it was something to feel/Until then, I'm givin up and never comin' back," followed by a jaunting chorus by the entire band.

Forget about the "new" glamorous, full of fame-induced, angst filled pop punk (minus the punk, zing!). That stuff belongs more to the labels then

Track listing for *Start From Scratch*:

1. The Broken Heart's Delight
2. Let It Go
3. You'll Be Mine Someday
4. Doin' Time
5. Half Past Forever
6. Forgive And Forget
7. Moving On
8. Start From Scratch
9. Days Like Today
10. T.K.O.
11. She Loves Me Not
12. Second Chances
13. Disaster Bound



Photo Credit: Stephen Benoit

Coming soon...

Jack B's
Shows to
See

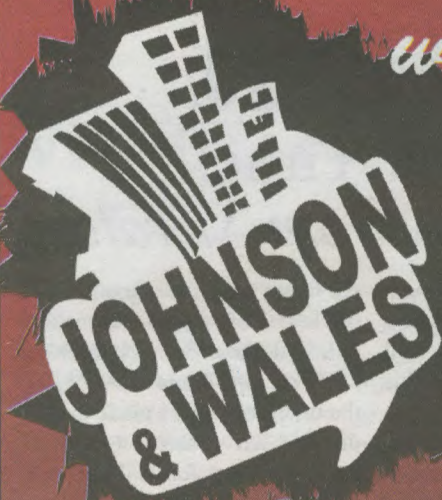
Johnson & Wales students may purchase
discounted movie tickets at the

Office of Student Activities Box Offices

Locations:

- 1st floor of the CBCSI Building Downcity
- 2nd floor of the Harborside Recreation Center





welcome weekend 2008

Johnson & Wales

PRESENTS

uncensored

FEATURING...

SATURDAY, SEPTEMBER 6

R-RATED HYPNOTIST: FRANK SANTOS

8:30 P.M.

HARBORSIDE RECREATION CENTER- MAIN GYM

GIANT GAMES AND MORE

(PRIZES, MUSIC AND FOOD)

10 P.M. - 1 A.M.

HARBORSIDE RECREATION CENTER

SUNDAY, SEPTEMBER 7

TRIP TO SIX FLAGS NEW ENGLAND

9 A.M.

BUSES LEAVE HARBORSIDE REC CENTER SHUTTLE STOP

TRIP TO WRENTHAM OUTLET

10 A.M.

BUSES LEAVE HARBORSIDE REC CENTER SHUTTLE STOP

MOVIE EXTRAVAGANZA

2 P.M.

BUS DEPARTS HARBORSIDE REC CENTER SHUTTLE STOP

STAND-UP COMEDY SPOTLIGHT: PABLO FRANCISCO

8 P.M.

HARBORSIDE RECREATION CENTER- MAIN GYM

TIME WARP CELEBRATION (MUSIC, FOOD, AND PRIZES)

10 P.M. - 1 A.M.

GAEBE COMMONS

MONDAY, SEPTEMBER 8

POSTER SALE

8 A.M. - 6 P.M.

GAEBE COMMONS

UNIVERSITY CONVOCATION

11 A.M.

DUNKIN' DONUTS CENTER

STUDENT ACTIVITIES NIGHT

6 P.M. - 8 P.M.

GAEBE COMMONS

LIVE BAND KARAOKE

7 P.M. - 10 P.M.

GAEBE COMMONS



Welcome Week 2008

Monday, September 8

Poster Sale

8 a.m. - 6 p.m.

Gaebe Commons

University Convocation

11 a.m.

Dunkin' Donuts Center

Student Activities Night

6 p.m. - 8 p.m.

Gaebe Commons

Live Band Karaoke

7 p.m. - 10 p.m.

Gaebe Commons

WEDNESDAY, SEPTEMBER 10

Create Your Own Gel Scape Air Fresheners

12 p.m. - 4 p.m.

Harborside Green Space (Rain Location: HRC)

JWU Luau

8 p.m. - 12 a.m.

Gaebe Commons

Sponsored By



office of student activities

THURSDAY, SEPTEMBER 11

UIB Film Series Premiere

9 p.m.

Gaebe Commons (Rain Location: HRC)

TUESDAY, SEPTEMBER 9

Make Your Own Sign

12 p.m. - 4 p.m.

Gaebe Commons

ThinkFast Game Show

8 p.m.

Pepsi Forum

FRIDAY, SEPTEMBER 12

Picasso For a Day

12 p.m. - 4 p.m.

Gaebe Commons (Rain Location: HRC)

Illusionist: Wayne Hoffman

9 p.m.

Havier Auditorium

TRON Laser Tag

10 p.m.

Harborside Green Space (Rain Location: HRC)

SATURDAY, SEPTEMBER 13

JWU Blue and Gold Dance Party

9 p.m. - 1 a.m.

Gaebe Commons (Rain Location: Pepsi Forum)

Office Of

401.598.1195

OSA
office of student activities



Wednesday September 10th

8 p.m. - 12 a.m.

Gaebe Commons

September at JWU

5-14: Welcome Week

16&17: Work Study Placement

17: Constitution Day

27&28: Barefoot in the Park

29-October 2: SGA Elections

Student Activities

IDEAS AND OPINIONS

Democrat Prescription on Gas Prices Leaves American Economy Flatulent



Otto Neunbauer
Assistant Editor-in-Chief

As gas prices have soared to a national average of over four dollars per gallon, politicians of all stripes have their various proposals for reducing prices at the pump.

Before we wade into the veritable swamp of policy proposals, a disclaimer (courtesy of Representative Roy Blunt):

"Retail gasoline prices are the result of literally hundreds of factors including crude oil supply, global demand, refinery capacity, regulation, taxes, weather, the value of the dollar, etc. Therefore it is impossible to say with certainty what one individual action will do to the overall price. However, based on what we know about the impact of crude oil supply and prices it is possible to develop some potential ranges of impact on gasoline prices for certain policy changes."

With that, let's take a look at the various candidate's plans. Senator Barack Obama, Democratic presidential candidate, has proposed a 'windfall profits tax'. The liberal view--presumably his--is that oil companies are colluding to increasing the cost of gas, and their profits.

What he fails to realize that price fixing is already illegal. If he has evidence that such collusion is occurring, he should provide it to the Attorney General so he can prosecute. If not, he should adhere to the principle of 'innocent until proven guilty'. Obama is ever-so-eager to give dictators and radical jihadists

this presumption--why won't he extend it to upstanding American business leaders?

History shows that the liberal paranoia over big business fixing prices is unfounded. The Wall Street Journal wrote in 2005 that "the last time Congress imposed a form of the windfall tax was in the final gloomy days of Jimmy Carter, and the result was: a substantial reduction in domestic oil production (about 5%) thus raising the price of gas at the pump; and a 10% increase in U.S. reliance on foreign oil."

Taxes and perennial investigations aimed at the wealthy aren't the way to get fuel prices under control. Republicans, in contrast, have a common sense plan to cut costs. We need to use the resources we have. That means drilling for oil in ANWR (the Arctic National Wildlife Refuge), and using new technologies to draw oil from shale. We also need to build new oil refineries, as we haven't done so since 1976.

Admittedly, it will take time to expand our capacity as described above. That's why Republicans, led by Senator John McCain, support a gas tax holiday--to keep prices steady until we can enact these long term solutions. Tax-the-rich philosophy and Nader-esque rhetoric? Or a long-term expansion of our production capabilities teamed with short-term tax relief? Your vote will decide.



Caitlin Benoit/The Campus Herald

Welcome!

From the President's Desk

JJ Atkins
Student Government Association President

My warmest welcome goes to the new students who are starting their journey in this fine community of aspiring scholars! You are about to embark on a four year journey that will be like no other here at "America's Career University". I hope that you are as excited to jump into the full college experience as I was when I started myself. There are a million questions that run through a new student's mind. What's my roommate like? What class do I want to take and when? But please remember there is more to the college experience. Don't forget about the social aspect! Your Student Government is pleased to offer over 70 student run clubs and organizations. You can fool someone into applying and accepting to any

University. That takes a good sales person, but there is no fooling someone once they are here. I am pleased to say that every professor, every staff member, and every administrator are 100% student focused. This ensures you are comfortable in your environment, that you succeed in your studies, and that you find a job after graduation. And somewhere in the mix of things you will realize that you became a well rounded global citizen.

There is something we've got here at Johnson & Wales that really works. It's more than rankings and statistics and the strength of our incoming freshman classes. It's about relationships, connections and knowledge that extends far beyond books. I am proud of this and I am looking forward to building upon it.



<u>Democrat Plan to Lower Gas Prices</u>	<u>Savings</u>	<u>Republican Plan to Lower Gas Prices</u>	<u>Savings</u>
Sue OPEC	\$0.00	Bring onshore oil online (ANWR, Shale)	\$0.70 - \$1.60
Launch 7* investigation into "Price Gougers"	\$0.00	Bring deepwater oil online (OCS)	\$0.90 - \$2.50
Launch 4* investigation into "Speculators"	\$0.00	Bring new refineries online (none since '76)	\$0.15 - \$0.45
\$20 billion in new taxes on oil producers	(debit)	Cut earmarks to fund gas tax holiday	\$0.18
Halt oil shipments to SPR	\$0.05	Halt oil shipments to SPR	\$0.05
Savings (at most): \$0.05		Savings (at least): \$1.98	
After Democrat Policies 3.99 ⁹/₁₀		After Republican Policies 2.06 ⁹/₁₀	
Office of the House Republican Whip *** Price estimates based on various sources			

At a Loss for Words

By OTTO NEUBAUER, ASSISTANT EDITOR-IN-CHIEF

ACROSS

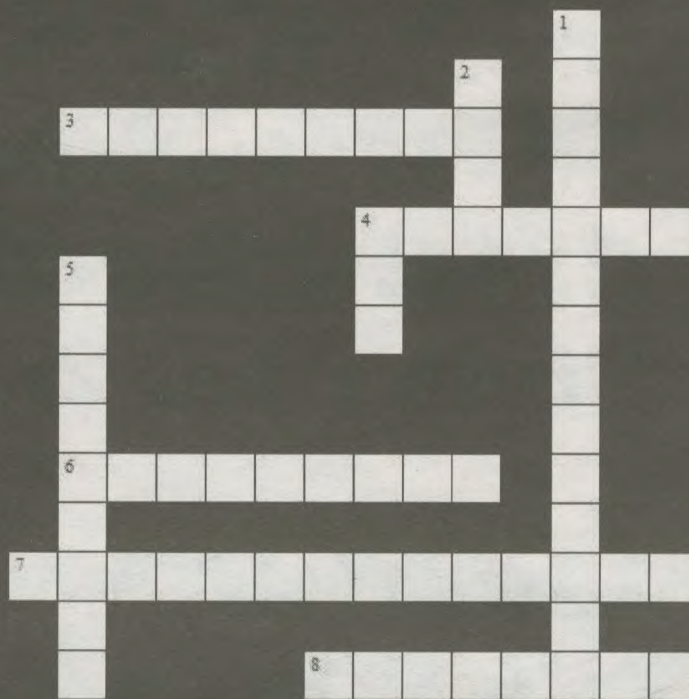
- The real estate developer, found guilty of sixteen counts of corruption ranging from wire fraud to extortion, who strong-armed millions of dollars in kickbacks from Illinois state contractors. He sold Obama a plot of land for \$104,500 in January of 2007, more than \$500,000 less than he initially purchased it for.
- The natural disaster Barack Obama claimed had killed 10,000 Americans in one day. In reality, it only killed two.
- The Nazi concentration camp Barack Obama claimed his uncle had helped liberate at a campaign stop in May. Actually, this camp was liberated by Soviet troops; Obama's uncle was not among them.
- Barack Obama's pastor of twenty years, who has blamed the United States for 9/11, claimed that the United States created AIDS to kill black men, and cried "God Damn America!" from the

pulpit.

- The political party of socialists, unrepentant communists and other radical leftists who endorsed Barack Obama after he actively sought their endorsement.

DOWN

- Barack Obama's former pastor, campaign leader, "dear friend, and somebody I interact with closely", who described America as "the greatest sin against God." Obama earmarked \$225,000 for this man's church while Obama was in the Illinois state legislature.
- The number of political rivals Barack Obama forced off the ballot in his first campaign for the Illinois state senate.
- The number of days Barack Obama has spent in Iraq.
- The left-wing terrorist responsible for the deaths of three American civilians, in whose home Barack Obama launched his political career.



Across: 3 Tony Rezko, 4 Tomi Lapid, 5 Bill Ayers
Down: 1 Michael Pflieger, 2 Four, 3 Bill Ayers

Life

Technology | Culinary | Money | Comics

East Side Eats

Best of the Best

Ashlie Pouliot
Contributing Writer

Chinese take-out is a good choice for college kids who are on a budget. If you are looking for something that is a step up from General Tso's chicken but still cheap, then head to the East Side.

If you like Chinese food you will love the offerings at Angkor, a family-run Cambodian restaurant on Wickenden Street. From cool summer rolls to spicy fried rice with crisp vegetables to street noodles, the options at Angkor are affordable and filling. Two people can enjoy an appetizer to share and an entrée each for under \$25.

Also found on Wickenden Street is the best deal yet to be found in a restaurant. Tokyo Restaurant offers great Japanese food at an unbeatable price. If you order your entrée as part of a full meal, you

also get to choose a soup and appetizer, as well as being served salad, rice and ice cream for dessert. That's five courses

for about \$15. The best part is, all of that can easily be split between two people, meaning that you just got a great dinner for under \$20. Delicious sushi is also affordable, starting at \$3.50 for a California roll.

Just around the corner on Hope Street is Sawaddee, a tiny Thai restaurant that serves up traditional soups like Tom Kha (a coconut soup with your choice of meat or vegetables), Thai curry, Pad Thai (of course) and much more. The most expensive item on the menu is Bangkok Duck, which is \$17.95 for a large portion. Most items are about \$9, and portions are pretty generous.

Getting to these great restaurants is cheap, too. Take the Fox Point trolley (free with your JWU student I. D.) to Wickenden Street. Trolleys leave from Kennedy Plaza about every 20 minutes.

Next time you want great food with a cheap price tag, head over to the East Side. Big portions, fresh flavors and the assurance that you leave full, with money still in your wallet.

Angkor Restaurant
333 Wickenden Street
(401) 383-2227

Tokyo Restaurant
388 Wickenden Street
(401) 331-5330

Sawaddee Restaurant
93 Hope Street
(401) 831-1122

Manage Your Money

Samantha Hassett
Contributing Writer

Money management in college can be a difficult thing to master. Living in a city, we all can easily get caught up in the hustle and bustle of your chaotic daily life. Grabbing your daily cup of Joe, going out to lunch, then having a "quick" shopping experience at the Providence Place Mall. Don't forget, catching a movie at the IMAX. Did I mention, I haven't even started on plans for that night? Before you know it, you've spent all your money for the week, before the week even started.

Melissa Michel '11, at Johnson & Wales understands this for a fact. Asked how she manages to get the most out of her dollar, she said, "I go to \$5 movie night on Tuesdays or I go to club Hell and put my name on the list to save money."

For some college students, life is not as simple as those who call home to ask for more money. We, as college students, should start to be more independent and responsible for our choices and lifestyle.

Here are some helpful tips on how to master your money, or lack there of:

Orkut: Not the New Facebook

Caitlin Benoit
Editor-in-Chief

Rumor had it that Google was starting a social networking web site to compete with Facebook. Well it did, but where is it? It's named Orkut, and the lack of hype may be because of how it is so different from Facebook, and painfully similar to MySpace.

"I would say as with any Google service, Orkut will be a big player among its competitors. Orkut's introduction to the social media market in 2004 changed how people socializing online by not restricting people to certain networks; anyone can see anyone's profile. Other things like instant messaging and application API shows Google is keeping their eye's on the horizon with Orkut," said Corey Cantrell '09.

Google released its beta version of Orkut in January 2008 and oh does it lack in comparison to Facebook. In order to sign in, you must have a Google account.

Upon signing in, you must complete the basic forms that traditionally come with online accounts. This is for people 18 years of age or older, but what stops the 14 year old from checking the box saying they are of age? With Orkut's social networking you have a profile for personal, social and professional life. You can upload photos, videos and something called "scrapbook" which seems to work like Facebook's "wall".

The home page displays your friends, in order of who signed on to the web site recently, birthday reminders and messages. Like Facebook, Orkut gives the user ability to add applications to your profile which you can use: puzzles, games, quizzes, etc.

The appearance of the page is true Google style, similar to Gmail. There are no banner advertisements to be found and it is simple as well as easy to use. The background is a cool blue, and the only sign of Google is in the bottom right corner. Orkut has messages, as well as lists. These lists target the romance-finders who belong to Orkut, lists such as "Hot List", "Crust List", and

were how people joined for a specific idea or cause. Orkut has communities, and there members post threads such as the ones found on blog web sites. Similar ideas, but Facebook groups have since gone out of style, and most users stopped using them.

Orkut proudly displays their demographics, unlike Facebook who has strict privacy settings and restrictions. There's a reason why you haven't heard of this new "fad", 53% of Orkut's members are in Brazil and 16% are in India while 15% are from the United States and .38% are from Canada.

The majority of users (73%) are ages 18-30. The popularity of Orkut continues to rise in the Middle East and Asia, while Americans are in the dark about its existence.

For those of us who don't know what Orkut is, it's ok. The phase probably will

orkut

the not so romantic "Ignore List".

Facebook is made up of networks, back in the good old days you joined the network belonging to your college or university. Then they opened the floodgates and now you may belong to a city or town's network, a state network or no network at all. The purpose of networks was to recognize where one comes from, you could see the profiles of those in your own network and had to request "add a friend" for those who were not. Orkut has no networks, and you may add any member as a friend. Facebook has these things called groups, and they

not last very long, unless the network dramatically changes. This is not what was expected from our favorite search engine.

With the rapid growth of Facebook, there is no room for competition. Those of us who yearn for the days when you knew exactly who was from where, don't worry – because you can still stalk to your heart's content with mini-feeds and the news feed. We have grown to ignore applications and groups, to love "people you may know", birthdays, the marketplace and events. We'll never let go, Facebook.

Helpful Tips for Saving Money

1. Start saving- Begin putting cash away every week from your summer job.
2. Find a job during the year- Work part time or do participate in work study to help pay for your tuition, buy books or use that as income.
3. Budget- Prioritize what is most important, to understand what you can or can't give up.
4. Get free checking/saving account- Bank of America offers this free of charge to college students.
5. Buy & sell your textbooks online- This will save and help you make extra cash.
6. Meal plan- You eat up to 3 times a day, as much food as you want!
7. Buy in bulk- Stores such as BJ's or Sam's Club are warehouse-style, buy more at a less expensive price.
8. College discounts- Take advantage of restaurants, stores, clubs, and museums. Even if the discount is not posted, it can't hurt to ask for one.
9. RIPTA- Ride the bus and trolley free with your college ID.
10. Gift cards- Ask for them on holidays or birthdays to bookstores or the grocery store.
11. Buy a coffee machine! - This will save you so much money!!
12. Rent movies- From the Red box at Stop & Shop (\$1 a day) or from UIB (free!).
13. Pay on time- Pay your bills on time to avoid late fees of interest.
14. Drink cheap- Get cheap alcohol or go out on special discounted nights. If you're 21 years of age or older, of course.
15. Shop wisely- Buy at discount stores, items on sale or buy generic brand products. Tylenol and the CVS brand really do the same thing.





Sports & Activities

Contact
Johnson & Wales Athletics
for more
information on teams,
as well as try out dates for
the 2008-09 school year.
You can visit them
online at
jwu.edu/athletics
or call at 800-JWU-
INFO22

- Baseball
- Basketball
- Golf
- Hockey
- Sailing
- Soccer
- Softball
- Tennis
- Volleyball
- Westling
- Cross Country

Top 5 Shopping Destinations:

5. Atwells Avenue
4. Wrentham Outlets
3. Thayer Street
2. Seekonk, Massachusetts
1. Providence Place Mall

Top 5 Things to do:

5. Visit Thayer Street at night
4. Waterfire on a partial lighting night
3. Roger Williams Park & Zoo, more than just a park
2. Take the \$2 Ferry to Newport, RI
1. Five dollar Tuesdays at the Providence Place Movie Theatre

WE WANT YOU
CAMPUSHERALD@JWU.EDU



JWU Athletics Summer Event Schedule:

2008 Men's Soccer Schedule

Friday, August 29 vs. St. Lawrence at Clarkson Tournament 2:00
Saturday, August 30 vs. Clarkson at Clarkson Tournament 2:00
Wednesday, September 3 at Clark 6:00
Saturday, September 6 at Rhode Island College 1:00
Wednesday, September 10 at Framingham State 4:00
Saturday, September 13 at Norwich* 1:00
Saturday, September 20 MOUNT IDA* 3:00
Wednesday, September 24 FITCHBURG STATE 6:00
Saturday, September 27 RIVIER* 1:00

2008 Women's Soccer Schedule

Saturday, August 30 vs. Marywood at Hartwick Tournament 4:00
Sunday, August 31 vs. Cazenovia at Hartwick Tournament 1:00
Thursday, September 4 RHODE ISLAND COLLEGE 7:00
Tuesday, September 9 COAST GUARD 7:00
Saturday, September 13 at Suffolk* TBA
Wednesday, September 17 at St. Joseph (CT)* TBA
Saturday, September 20 EMMANUEL* 1:00
Wednesday, September 24 at Emerson* TBA
Saturday, September 27 at Lasell* TBA

2008 Women's Volleyball Schedule

Saturday, August 30 at Virginia Wesleyan Tournament TBA
Sunday, August 31 Gettysburg, Virginia Wesleyan,
UMass Boston, North Central College
Saturday, September 6 at MIT Tournament TBA
Wednesday, September 10 at St. Joseph College (CT)* 7:00
Friday, September 12 JWU INVITATIONAL TBA
Saturday, September 13 Springfield, Bridgewater State
Connecticut College, Keene State, Western Connecticut
Saturday, September 20 EMERSON 11:00am
w/ALBERTUS MAGNUS
Tuesday, September 23 LASELL 7:00
Friday, September 26 at Trinity Invitational 7:00
Saturday, September 27 Trinity, Worcester State, Emerson
Wednesday, September 26 at Lasell

2008 Women's Tennis Schedule

Tuesday, September 9 CURRY 3:30
Saturday, September 13 at Emmanuel* TBA
Wednesday, September 17 EMERSON* 12:00
Saturday, September 20 SIMMONS* 12:00
Tuesday, September 23 at Rhode Island College 3:30
Saturday, September 27 at St. Joseph College (CT) TBA
2008 Cross Country Schedule
Saturday, September 20 at UMass Dartmouth Invitational
11:15 (Women) 12:00 (Men)
Saturday, September 27 at Ray Dwyer Invitational
11:15 (Woman) 12:00 (Men)

The Campus Herald File Photo

"ASK THE HEALTH EDUCATOR"

"Crazy parties, reckless behavior, one-night stands... We must be talking about college, right? Maybe not." The American College Health Association-National College Health Assessment reports that most of today's college students are actually quite different. Almost 95,000 college students across the US completed this survey. Here's what college students have to say:

-62% drink less than 4 drinks at a time.
-47% reported having 1 sexual partner last school year. 29% reported 0 partners.
-36% exercise 3-5 times/week for at least 20 minutes.

-65% don't smoke.

-93% consistently wear their seat belt.

While you may run into the occasional student who looks like they should be starring in "Animal House 2", the majority of college students drink moderately (if at all), are sexually responsible, exercise regularly, are thoughtful about nutrition, and care about their health.

In fact, a study done at JWU reported that 70% of JWU students drink less than 9 drinks per month. That's less than three drinks per week - a good way to avoid the freshman 15 or adding extra calories to your diet! Free tip: Calories from

fluids are recognized differently by your body, so it's easy to put on weight from drinking alcohol, sugary drinks, or soda. Studies indicate that freshmen do put on weight, but the freshman 15 is really more like the freshman 6.

Luckily at JWU, with its fine culinary program, there are lots of healthy eating options at Dining Services. With a little planning, nutrition education (look for student-run Nutrition Society programs) and regular exercise, you can prevent the freshman 15. All students have free access to the gym (Harborside Rec Center and Plantations Hall) which is a quick walk from your residence hall. Find a work-out buddy, check out

the aerobics schedule, and look for Health Ed workshops in your halls about fitness and nutrition. Regular exercise and good nutrition are great ways to keep your body healthy.

Also, make sure to stop by Health Services for free health care or to speak to a nurse about any of your health concerns. Health Services and Health Education also offer free condoms to stay safer if you are sexually active, or to have on hand if you're planning to be. Whether you choose abstinence or condoms, we can provide you with the information, supplies, and support to stay safe. Look for sexual health workshops from Health Ed

about safer sex, STDs, sexual health care, Pap tests, HPV and GARDISAL, and more fun stuff! Students are always welcome to come in for confidential, one-on-one health consultations with JWU's professional health educator. Ask questions about fitness, nutrition, sexual health, or alcohol and other drugs. Start the year off right, get fit and stay well!

Health Education is located in the CBCSI, 3rd Floor, (401) 598-2023.

